

**LONG ISLAND BUDDY WALK
FOR DOWN SYNDROME
REGISTRATION**

Please complete this application and mail, with a check or money order payable to **DSAF (include LI Buddy Walk on the memo)** to: **P. O. Box 486, Jericho, NY 11753**—by 10/01/2007. Registrations will also be accepted the day of the event. No t-shirt guaranteed.

PLEASE PHOTOCOPY THIS FORM AS NEEDED

Walker's Name _____

Company/Team Name _____

Street Address _____

City _____

State _____ Zip _____

Phone _____

E-Mail _____

Total # of Walkers _____

Individual Registration - suggested donation \$15.00
Children 5 to 13 - suggested donation \$5.00
(We invite you to be one of our "Buddies"—see back)

All registration fees include *Buddy Walk t-shirt for each walker, and access to all of the day's events*

T-Shirt Size: XS S M L XL XXL

NOTE: Dead line to order t-shirt 10/01/2007

I cannot participate in the walk, but please accept my donation to support inclusion and acceptance of people with Down syndrome:

\$10 \$20 \$50 Other _____

Waiver: In consideration of me and/or my minor child being permitted to participate in the Buddy Walk, I hereby—for myself, my heirs and personal representatives—assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue *Long Island Buddy Walk for Down Syndrome*, its sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child as a result of taking part in the events and any related activities. I also authorize the use by *Long Island Buddy Walk for Down Syndrome* of any photo, film or videotape taken of me or my minor child at the event for any purpose.



Long Island
Buddy Walk
For Down Syndrome
P.O. Box 486, Jericho, NY 11753



**1ST Long Island
Buddy Walk
For Down Syndrome**

A Project of Alexander's Angels
in collaboration with



ASSOCIATION FOR CHILDREN WITH DOWN SYNDROME (ACDS)
BRIARCLIFFE COLLEGE
DOWN SYNDROME ADVOCACY FOUNDATION (DSAF)
DOWN SYNDROME RESEARCH AND TREATMENT FOUNDATION (DSRTF)
NASSAU COUNTY DEPARTMENT OF MENTAL HEALTH,
CHEMICAL DEPENDENCY AND
DEVELOPMENTAL DISABILITIES SERVICES
STATE UNIVERSITY OF NY COLLEGE AT OLD WESTBURY SCHOOL
OF EDUCATION
T & M PRINTING SERVICES UNLIMITED, LLC

**Saturday, October 27, 2007
Eisenhower Park, East Meadow
Registration 11 a.m. Walk 12 p.m.**

Contact: Esther A. Gomez-Nieto
EstherGN@optonline.net (preferably)
or leave message at 516-361-7263

ALEXANDER



On June 22, 2001, Alexander was born with Down Syndrome. Although initially released from the hospital hooked to an oxygen tank around the clock, his parents' patience and care allowed him to thrive. He has turned into a happy and active 5 year old who attends kindergarten classes in his school district. Alexander has learned how to swim, has taken horseback riding lessons and now takes karate lessons. However, this would not

have been possible without professional help from speech and other therapies. Early intervention, inclusion in the life of the family, in school, and in other activities have allowed Alexander to be fully integrated in society.



Alexander's Angels was established by the family and friends of Alexander to further awareness of the contributions and needs of individuals with Down syndrome and raise funds for advocacy, service, and research organizations.

According to John C. McGinley, National Spokesman for the Buddy Walk, "People with Down Syndrome have feelings, talents, and dreams just like everyone. And they deserve to be accepted and appreciated for who they are and what they contribute to our communities."



THE BUDDY WALK

The Buddy Walk was developed by the National Down Syndrome Society in 1995 to bring together a wide range of concerned individuals to reach out to friends, family and co-workers to promote awareness and inclusion for people with Down syndrome and to raise funds for education, research and advocacy programs.

The Buddy Walk is a one-mile walk in which anyone can participate without special training. The walk has grown from 17 walks in 1995 to more than 250 (at least one in each state) nationwide; 260 world-wide in 2006. Hundreds of thousands of people walk from coast to coast and abroad each year. The goal of NDSS is to substantially increase the number of walkers each year. The goal of the Buddy Walk is to promote understanding and acceptance of people with Down syndrome. In 2007, their goal is to have over 275 Buddy Walks across the country and abroad.

LONG ISLAND BUDDY WALK BENEFICIARIES

Association for Children with Down Syndrome (ACDS) Provides year-round programs and services that include diagnostic evaluations and treatment, early intervention, day care/nursery, preschool, special education and clinical services for children, from infancy to age 5; individualized residential services (IRA) for adults, age 21 and over; and evening and weekend recreation and socialization services for children, age 5 and over. The agency also provides nursery/day care programs in an integrated setting, with typically developing children.

The Down Syndrome Advocacy Foundation (DSAF), founded by a group of individuals who have children or family members with Down syndrome, is dedicated to ensuring that individuals with Down syndrome have equal access to schools, leisure activities, employment, and housing. DSAF is dedicated to helping individuals with Down syndrome become respected as valued members of society with their own level of independence, self-determination, and sense of belonging within all aspects of their community.

Down Syndrome Research and Treatment Foundation (DSRTF)'s mission is to stimulate biomedical research that will accelerate the development of treatments to significantly improve cognition for individuals with Down syndrome. Treatments that are developed to improve memory, learning and speech will allow individuals with Down syndrome to:

- Participate more successfully in school;
- Lead more active and independent lives;
- Prevent early cognitive decline.

National Down Syndrome Society (NDSS) envisions a world in which all people with Down syndrome have the opportunity to realize their life aspirations. NDSS is committed to being the national leader in enhancing the quality of life, and realizing the potential of all people with Down syndrome. The mission of the National Down Syndrome Society is to benefit people with Down syndrome and their families through national leadership in education, research and advocacy.

LONG ISLAND BUDDY WALK FOR DOWN SYNDROME PLEDGE FORM

Become one of our "Buddies" by collecting at least \$150.00 and receive a beautiful pearl and Swarovski crystal bracelet. Have your family and friends, employers, or other companies sponsor you by making a donation.

Name: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Total Collected: _____

Please Make Checks Payable to
DSAF (DOWN SYNDROME ADVOCACY FOUNDATION)
Please write LI Buddy Walk for DS in the Memo

All contributions are tax deductible as allowed by law. DSAF is a 501(c)3 not-for profit organization

SPONSOR	Phone #	Donation
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____
Name _____ # _____		\$ _____

DIRECTIONS TO THE BUDDY WALK

Grand Central/Northern State Parkway Exit 31 or Southern State Parkway Exit 22 to Meadowbrook Parkway. Take Exit M3. Make a right off the ramp and stay on your left. Make a left on Stewart Avenue. Eisenhower Park is straight ahead. Buddy Walk is on Parking Lot 6A